



Name	Category	Phone	Website	Email	Service Description
Aboriginal Health - Bega Community Health	Aboriginal Services	02 6492 9620			To promote better health & facilitate community development in the Koori Community.
Aboriginal Health - Eden Community Health	Aboriginal Services	02 6496 1436			To promote better health & facilitate community development in the Koori Community.
Aboriginal Legal Service NSW/ACT	Aboriginal Services	02 4474 2400			South east Aboriginal legal service.
Aged Care Assessment Team - Bega Valley Community Health Services	Aged	1300 131 562			A comprehensive health assessment service for older people. Assists older people at home, in hospital and residential care facilities to make informed decisions about the type of care that best suits their needs.
Alcohol & Drug Information Service	Drug & Alcohol		www.health.nsw.gov.au		ADIS is a NSW statewide telephone service providing information, referral, crisis counselling and advice about illegal drugs such as heroin, ice and cannabis and legal drugs such as alcohol.
Alcoholics Anonymous Bermagui	Drug & Alcohol	02 6493 3800			Self help for people with alcohol problems.
Alcoholics Anonymous Eden	Drug & Alcohol	02 6496 3227			Self help for people with alcohol problems. Steps Meeting 1st Wed of month and traditions meeting 3rd Wed of month.
Alzheimer's Australia NSW (Bega)	Aged	02 6492 6158	www.alzheimers.org.au	bega@alnsw.asn.au	their carers. This is a flexible service for families who wish to continue caring at home. A Dementia Advisory Service is also available and offers education and support.
Ambulance Stations (Bega Valley Shire)	Emergency Services	Dial 000			Locations throughout the Shire: - Canning St, Bega; Bunga St, Bermagui; Bass St, Eden; Cnr Cliff & Wyebo Sts, Merimbula.
Anglicare Welfare Provision & Sapphire Surprises Op Shop	Charity Organisations	1800 644 556		dyanne.harvey@anglicare.com.au	Provides emergency food, clothing, bedding, over-night accommodation, fuel, bus fares, power, assistance with telephone bills, advice and some assistance with long-term accommodation, medicine, nappies and formula for babies, and gas refill cylinders.
Audiology Clinic - Bega Community Health Services	Health	1300 131 562			Child & adult hearing assessments. Repatriation, Pensioners, Part-Pensioners should access Australian Hearing for Hearing Aids on 13 17 97
Australian Plant Society (South East NSW Group)	Environment & Conservation	02 4471 7053		ausplantsSE@hotmail.com	Aims to provide an opportunity for people who are interested in Australian Native plants to visit significant sites and gardens, to disseminate information about native plants to its members and the wider community.
Australian Red Cross - Bega	Charity Organisations	02 6492 1886	www.redcross.org.au	ausplantsSE@hotmail.com	Meetings are held on the 1st Wednesday each month at 2pm at the Red Cross Tea Rooms, Church Street Bega. New members always welcome.
Bandara Children's Services	Childcare & Pre-Schools	02 6492 4360	www.begavalley.nsw.gov.au	bandara@begavalley.nsw.gov.au	Multi-purpose childcare centre. Includes long day care, before and after school care, vacation care, pre-school, occasional care and early intervention family support. All Bookings must be made at Bandara Childrens Services.

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Bandara Children's Services - After School Care	Childcare & Pre-Schools	02 6492 4360	www.begavalley.nsw.gov.au	bandara@begavalley.nsw.gov.au	After school care for primary school aged children provided week-days 3pm-5.45pm.
Bega & District Nursing Home Ltd	Aged	02 6492 7777	www.begadnh.com.au	admin@begadnh.com.au	We are community owned, not for profit, charitable and a public benevolent organisation with numerous levels of care in the Bega Valley, ie Hillgrove House (high care) Casuarina (low care) Sapphire Coast Home Services (community care).
Bega Al Anon Family Groups	Drug & Alcohol	02 6492 4020			Support for family and friends of problem drinkers. Meetings on Tuesdays at 5pm - St Patricks Church Hall Gipps Street, Bega.
Bega Chamber of Commerce and Industry	Commerce & Tourism	0459 440 472	www.begachamber.com.au	begachamber@bigpond.com	Business support. Executive meet 2nd Friday of each month.
Bega Community Health Centre	Health	02 6491 9800			Provides a wide range of services which aim to improve the health & wellbeing of clients & their families that include Aboriginal health; Aged Care Assessment; Audiology; Breast Care Nurse; Cardiac Rehabilitation; Child & Family; Community Nursing.
Bega Community Support Team (Ageing, Disability & Home Care)	Aged / Disability	02 6491 8400	www.dadhc.nsw.gov.au		Case Management, Occupational Therapy, Speech Pathology, Behaviour Support, Psychology
Bega Court House	Law & Justice	02 6492 9300			Providing legal information and assistance. Registrar of births, deaths and marriages. Agent for Public Trustee. Justices of the peace.
Bega District Office, Probation & Parole Service	Law & Justice	02 6492 3144		bega_cos@dcsc.nsw.gov.au	Appointments other than during specified business hours can be arranged by phoning the number. Offender, Courts and Non Profit organizations are the main users.
Bega District Volunteer Rescue Squad	Emergency Services	02 6492 0184		begavra@hotmail.com	Primary rescue in motor vehicle accidents, search and vertical. rescue. Also coordinates driver reviver service.
Bega Girl Guides	Service Organisations	02 6492 1302		annem1999@yahoo.com	Girls of 7 to 16 years have fun and learn skills that develop their self-confidence and community responsibility. Guides meet weekly during the school term
Bega High School	Education	02 6492 9000	www.det.nsw.edu.au	bega-h.school@det.nsw.edu.au	Secondary education to ROSA, Yr 11 Preliminary and Higher School Certificate levels. Counselling and some welfare services available for students.
Bega Local Aboriginal Lands Council	Aboriginal Services	02 6492 3950		begalalc@sctelco.net.au	Submits land claims, promotes enterprise for the local Aboriginal community and gives information to local communities about Aboriginal issues. Provides Aboriginal Housing and Aboriginal site recordings.
Bega Pre-School Association Inc.	Childcare & Pre-Schools	02 6492 1639		begapreschool@internode.on.net	Meeting the educational and care needs of 3-5 year olds and their families.

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Bega River and Wetlands Landcare Group Inc	Environment & Conservation	02 6492 0518		alirod@acr.net.au	BRAWL is a volunteer organisation to improve the health of the Bega River and Bega's floodplain wetlands. BRAWL holds regular working bees involving planting, weeding and flora and fauna monitoring.
Bega RSL Sub Branch	Service Organisations	02 6492 1222		subbranchbega@bigpond.com	Ex service welfare and support facilities.
Bega Rugby League Club	Sporting Organisation	02 6492 3829			Organising, promoting and managing Rugby League in Bega.
Bega Seniors Social Group	Social & Interest Clubs	02 6492 9620			Service aimed at meeting health care & social needs of aged people in the Bega area.
Bega Showground Committee	Showgrounds	02 6492 1450		begashowsecretary@hotmail.com	Bega Agricultural, Pastoral & Horticultural Society Inc. Management and trustee committee for Bega Showground.
Bega TAFE Counselling Unit	Education	02 6492 9700		gayle.salt@det.nsw.edu.au	Part-time counselling service for TAFE students in personal, vocational and educational areas. Course selection and career advise for prospective students.
Bega Tennis Club Inc	Sporting Organisation	02 6492 2010	www.tennis.com.au/bega	gmetzler@bigpond.net.au	7 Courts and Club premises, organising, promoting and managing tennis in Bega. Artificial grass tennis courts with lights.
Bega Valley Advocates for Timor Leste (East Timor)	Advocacy	02 6494 7986		icollins@netspeed.com.au	Bega Valley Shire has established a Friendship Relationship with Natarbora in East Timor. We are a shire wide community group working to assist the people of Natarbora. Our work includes agriculture, education, health, capacity building and friendship.
Bega Valley Can Assist	Charity Organisations	02 6492 4278			Bega Valley Can Assist helps people in the local community who have cancer. Financial help includes assistance to pay household bills, fuel costs with travel during treatment and food gift cards. Confidentiality is assured for all patients and their carers.
Bega Valley Community Transport Service Inc.	Aged / Disability	02 6492 4188		robyn.adams@bvcts.com.au	A community transport service using volunteer drivers to transport the frail aged and people with a disability to: general practitioners, local and metropolitan specialists, hospital and medical appointments including X-ray and pathology and shopping.
Bega Valley Family Day Care Inc	Childcare & Pre-Schools	02 6492 3788		begafdc@ozemail.com.au	Family day care service offering part-time, full-time, overnight and weekend child care in carer's homes. Also offers after school care.
Bega Valley Genealogy Society Inc.	Heritage	02 6495 7794		begagenealogy@bigpond.com	Research Officers will search our extensive Library Holdings covering Bermagui, south to the Victorian border and including the Monaro for an Initial Research Fee of \$20 per surname plus photocopying and postage.
Bega Valley Historical Society Inc	Heritage	02 6492 1453		Museum25@tpg.com	The society has regular public meetings and members receive a news letter and free entry to the museum. This is the South East Chapter of museum functions. Archive and research facilities.

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Bega Valley Home Modification & Maintenance Project	Aged / Disability	02 6492 3756		admin@begahomemod.com.au	A service for people who are frail aged, people who have a disability and their carers to assist keeping the home safe while promoting independent living. Can assist by constructing access ramps; installing grab-rails, handrails; and other bathroom modifications.
Bega Valley Kennel & Obedience Club Inc	Animals	02 6493 0200 02 6493 4412 02 6493 6456		John.hine@bigpond.com	Dog training classes, dog agility classes, annual dog shows and obedience/rally/agility trials.
Bega Valley Meals On Wheels Co-operative Ltd	Aged / Disability	02 6492 4146	www.bvmowplus.org.au	admin@bvmowplus.org.au	Food services for frail aged or people with a disability - Eden, Merimbula, Pambula, Bemboka, Bermagui, Tathra, Candelo and Bega. Services include: Home delivered meals, frozen food, centre-based meals at a minimal cost.
Bega Valley Mental Health, Drug and Alcohol Service	Health	02 6491 9300 1800 011 511			Community mental health services for adults and older persons. Drug and alcohol counselling services are provided. Child and adolescent mental health services on site.
Bega Valley Public School	Education	02 6492 1280; 02 6492 1596	www.bega-p.schools.nsw.edu.au	begavalley-p.school@det.nsw.edu.au	Education and counselling services for Primary School children, and their families.
Bega Valley Quilters	Social & Interest Clubs	02 6493 0415			Meeting of like minded people interested in patchwork & quilting. Caters for all skill levels with workshops & activities.
Bega Valley Radiology	Health	02 6492 4225			Clinic offers: X-Ray, Ultrasound, Computed Tomography, Mammography and nuclear medicine
Bega Valley Seed Savers	Environment & Conservation		http://seedsavers.scpa.org.au/	seeds@scpa.org.au	Growing and sharing seeds of edible and useful plants in our local climate.
Bega Valley Traditional Archers	Sporting Organisation	02 6492 0355	www.begaarchers.com.au	admin@begaarchers.com.au	Not-for-profit Incorporated Association for Traditional and Instinctive Field Archery enthusiasts
Bega Valley Weavers	Social & Interest Clubs	02 6492 2993, 02 6494 1520		rogers@netspeed.com.au	Providing a support group for those interested in textiles and to increase understanding of the craft of weaving - be it tapestry, rug, loom, basket or lace making. Providing free tuition to newcomers to the craft and developing opportunities for distribution
Bega Visitor Information Centre	Commerce & Tourism	02 6491 7645	www.begacheese.com.au	begavic@begacheese.com.au	Provides tourist information for visitors and sale of coach tickets, fishing licences & NPWS tickets.
Bega Womens Refuge	Counselling & Support	02 6492 3597		sue@bwr.org.au	For women and children escaping domestic violence. Provides counselling and support, information, referral, advocacy and assistance for women with or without children. Crisis service offering emergency accommodation.
Bemboka Playgroup	Childcare & Pre-Schools	02 6493 0572	www.playgroupnsw.com.au		Playgroup for all babies, children and parents
Bemboka Public School	Education	02 6493 0229		bemboka-p.school@det.nsw.edu.au	Provision of quality education in a caring environment. Kindergarten to Year 6.

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Bemboka Soccer Club	Sporting Organisation			bembokabraves@hotmail.com	Organising, promoting and managing the game of soccer in Bemboka.
Bermagui and District Lions Club Inc	Service Organisations	02 6493 5068		bermaguilions@hotmail.com	Fund raising for community projects and needs.
Bermagui Area Chamber of Commerce & Tourism Inc	Commerce & Tourism	02 6493 3054	www.bermaguichamber.org.au	admin@bermaguichamber.org.au	Meetings at the Country Club unless noted prior. General members meeting every 2 months. Details notified by prior agenda.
Bermagui Australian Football Club	Sporting Organisation	02 6493 4487	www.sportingpulse.com.au	bermaguibreakers@hotmail.com	Promoting, managing and administration of Australian Rules Football in Bermagui. For all ages and people with a love of football.
Bermagui Community Technology Centre	Education	02 6493 3745	www.ctc.bermagui.net	ctc@bermagui.net	Community organisation supporting the use of new technology in rural areas. Internet Access, computer tuition, printing, photocopying, laminating.
Bermagui Country Club Amateur Art & Craft Group	Social & Interest Clubs	02 6493 4340	www.bermaguicountryclub.com.au		Arts available: Painting, China Painting; Pottery - workshop with wheels, kilns, etc; Leadlighting & mosaics - workshop; Needlework & quilting. Occasional workshops in all arts. Members instructing members,
Bermagui Dirtsurfers Mountain Bike Club	Sporting Organisation			committee@bermagui-dirtsurfers.org	Mountain Bike Club. Bermagui Dirtsurfers Mountain Bike Club, is committed to the promotion of the sport of mountain biking as a positive life model through: - participation at both social and competitive levels - development of a dedicated mountain bike.
Bermagui Markets	Markets	02 6493 4978			Markets held on the last Sunday of every month. Funds raised go to the Red Cross Society.
Bermagui Preschool	Childcare & Pre-Schools	02 6493 4183	www.bermaguipreschool.com.au	bermikids@hotmail.com	Community based preschool run by parent Board of Directors.
Bermagui Probus Inc	Social & Interest Clubs	02 6493 7246			A social (not service) club for retired and semi-retired professional and business persons, for fellowship, discussions and outings. Please contact the president or secretary for further information.
Bermagui Public School	Education	02 6493 4271	www.bermagui-p.schools.nsw.edu.au	bermagui-p.school@det.nsw.edu.au	Primary School
Bermagui Senior Citizen's Welfare Club	Social & Interest Clubs	02 6493 4006			Activities and outings for Senior Citizens. If necessary support and help to Senior Citizens in need is provided Also meets at the Bermagui country club on alternative months.
Bermagui Visitor Information Centre	Commerce & Tourism	02 6493 3054	www.bermagui.net		Provides area information for visitors, locals as well as gifts and souvenirs.
Bimbimbie Retirement Village	Aged	02 6495 1421			Hostel and self care units for the elderly and frail aged. Community Aged Care Packages for Bega Valley South.
Bournda Environmental Education Centre	Environment & Conservation	02 6494 5009	www.bournda-e.schools.nsw.edu.au	bournda-e.school@det.nsw.edu.au	Bournda EEC is a Department of Education and Training facility, providing a range of environmental field work programs and outdoor recreational activities for young people of all ages.

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BreastScreen NSW Murrumbidgee and Southern NSW Local Health District	Health	13 20 50	www.bsnsw.org.au		Free breast x-rays: we invite women to have their first screening mammogram at 50 and then every 2 years until they are 74. Research shows that regular screening has the greatest benefit for women in this age group. Call 13 20 50 for an appointment at South East Regional Hospital.
Campbell Page - Bega & Eden	Employment & Training	02 6491 9750	www.campbellpage.com.au	begajobs@campbellpage.org.au	Campbell Page is a not for profit community based organisation. As a member of the Governments Job Services Australia, Campbell Page provides a range of employment and training programs for jobseekers and recruitment services for employers.
Candelo and District Probus Club	Social & Interest Clubs	02 6493 2169		ellwood.savage@bigpond.com	A social (not service) club for active retired and semi-retired professional and business people for fellowship, discussions and outings. For further information please contact the President.
Candelo Arts Society	Arts & Culture	02 6493 2956	www.cas.org.au	info@cas.org.au	Facilitate, support, present and promote the arts in all its forms within the local community.
Candelo Markets	Markets	02 6493 2636			Markets held on the 1st Sunday of every month. Funds raised are used on community projects.
Candelo Public School	Education	02 6493 2236	www.candelo-p.schools.nsw.edu.au	candelo-p.school@det.nsw.edu.au	Primary Education for children living in the Candelo area.
Candelo Seniors Social Club	Social & Interest Clubs	02 6492 4146	www.bvmowplus.org.au	admin@bvmowplus.org.au	A social club for seniors or clients with a disability which includes lunch activities and outings.
Candelo Show	Showgrounds	02 6493 2655		aducray@bigpond.com	Agricultural, horticultural and dairy show
CatholicCare Canberra & Goulburn –Bega Office	Counselling & Support	02 6492 4203	www.catholiccare.cg.org.au	fiona.doquile@catholiccare.cg.org.au	Low cost relationship counselling service approved to provide relationship and family counselling. There are part time services at both Moruya and Bega. Appointments can be made via the toll-free number.
Centrelink Bega	Government	13 28 50	www.humanservices.gov.au		Centrelink is a government agency offering a "one stop shop" for a range of Commonwealth services. These include income support, financial information and referral services for retired and for those planning retirement, for jobseekers, for people with a disability.
Child & Family Health - Bega Valley Community Health	Health	1300 131 562			Monitor the health & wellbeing of babies, children & their parents. Promote & support breast feeding & provide developmental screening.
Clean Energy for Eternity Inc.	Environment & Conservation	02 6492 0505	www.cleanenergyforeternity.net.au	admin@cleanenergyforeternity.net.au	Clean Energy for Eternity (CEFE) is a not-for-profit community group based in SE NSW acting as a positive catalyst to inspire practical local initiatives to address climate change.
Cobargo Markets	Markets	02 6493 6572		workingwood@ozemail.com.au	Markets held on the 4th Saturday of every month. Funds raised are used on community projects.
Cobargo Pre-School	Childcare & Pre-Schools	02 6493 6660			Community based pre-school and occasional care for 3-5 year olds. Also some places for children with special needs.

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Cobargo Public School	Education	02 6493 6482	www.cobargo-p.schools.nsw.edu.au	cobargo-p.school@det.nsw.edu.au	Primary Education for school-aged children.
Cobargo School of Arts Committee	Arts & Culture	02 6493 6538		cobargohall@gmail.com	Management, hire and maintenance of hall.
Cobargo Scout Group	Service Organisations	02 6493 6795			Scouting aims to build self reliance, leadership, practical and social skills, team building all in a fun environment.
Cobargo Showground	Showgrounds	02 6493 6787			Management, hire and maintenance of showground.
Cobargo Tourist and Business Association Inc	Commerce & Tourism				Enhancing the prosperity of the community through the promotion of Cobargo as an authentic working village with heritage values.
Community Age Care Packages - Bega Valley South	Aged	02 6495 1421 (ext 22)			Community care service targeted at frail older people to assist them to remain in their own home.
Companion Animal Facility	Animals	02 6499 2222	www.begavalley.nsw.gov.au	council@begavalley.nsw.gov.au	Houses picked up stray or surrendered dogs and cats.
Country Care Link	Accommodation	1800 806 160			Travel and accommodation assistance for country people travelling to Sydney. An initiative of the Sisters of Charity and the Rural Women's Network. Country Care Link is a confidential family information service for country people.
Country Transport	Transport	13 15 00	www.131500.com.au		Transport Infoline website provides information on transport services in over 470 towns and centres across country NSW - including rail, coach, bus, taxi, hire car and community transport services.
Country Women's Association (Bega)	Social & Interest Clubs	02 6492 1239	www.cwaofnsw.org.au	margaret139@bigpond.com	The CWA shares interests with women in other states and countries around the world. Any women in NSW, through her membership of CWA, has a voice in her nation's affairs and an opportunity to assist the community.
Country Women's Association (Bermagui)	Social & Interest Clubs	02 6493 5893	www.cwaofnsw.org.au		The CWA shares interests with women in other states and countries around the world. Any women in NSW, through her membership of CWA, has a voice in her nation's affairs and an opportunity to assist the community.
Country Women's Association (Eden)	Social & Interest Clubs	02 6496 1643	www.cwaofnsw.org.au	margaretkirkwood13@hotmail.com	The CWA shares interests with women in other states and countries around the world. Any women in NSW, through her membership of CWA, has a voice in her nation's affairs and an opportunity to assist the community.
Country Women's Association (Pambula - Merimbula)	Social & Interest Clubs	02 6495 3356	www.cwaofnsw.org.au	jan@wildewoods.com.au	The CWA shares interests with women in other states and countries around the world. Any women in NSW, through her membership of CWA, has a voice in her nation's affairs and an opportunity to assist the community.

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Dementia Advisory Service	Health	02 6492 6158		nsw.southeast@alzheimers.org	Professional consultants to support people with dementia and families by providing information and practical day to day advice about coping and living well with dementia and memory changes. Website www.fightdementia.org.au
Dental Services - Bega Valley Community Health Services	Health	1800 450 046			Free dental service for eligible adults & children based on priority of needs. Preschool children are also encouraged to attend.
Department of Human Services - Centrelink Social Worker	Government	13 28 50	www.humanservices.gov.au		Provide an initial confidential counselling when the next interview for people using Centrelink about personal or family concerns. Provide information about or direct referral to other community services.
Diabetes Education - Bega Valley Community Health Services	Health	1300 131 562			Education and support for people who are affected by diabetes.
Dietitian - Bega Valley Community Health Services	Health	1300 131 562			The Dietetic service provides advice for any diet related matters with or without a Doctor's referral. For example we can assess clients & advise clients how to make changes to their diet & lifestyle to manage diabetes, heart disease & blood pressure problems.
Down South Jazz Club Inc	Arts & Culture	02 6495 9853		kwalsh@bigpond.net.au	Promotes live Jazz in the region. A function is held monthly at Club Sapphire Merimbula on the 3rd Thursday at which local and visiting Jazz Musicians perform. Admission is charged, usually at rates of \$15 members, \$20 visitors. Non members are made very welcome.
Eden Child Care Centre	Childcare & Pre-Schools	02 6496 1660	www.begavalley.nsw.gov.au	edenccc@begavalley.nsw.gov.au	Long day care centre, offering Pre-school and child care. Operates 49 weeks a year. Caters to working or studying families as a priority, but other families are offered places for the children when available.
Eden Community Access Centre Inc	Service Organisations	02 6496 3970	www.eden.nsw.au	accesscentre@eden.nsw.au	This centre is a member of the Community Technology Centres Association and the Local Community Services Association. We provide secretarial services (typing, photocopying, laminating, scanning etc.), telecentre activities including video conferencing.
Eden Community Health	Health	02 6496 1436			Provides a wide range of services which aim to improve the health & wellbeing of clients & their families that include Aboriginal health; Aged Care Assessment; Audiology; Breast Care Nurse; Cardiac Rehabilitation; Child & Family; Community Nursing.
Eden Court House	Law & Justice	02 6496 1173			Providing legal information and assistance. Registrar of births deaths and marriages. Agent for Public Trustee. Justices of the peace.
Eden Cricket Club Inc	Sporting Organisation	02 6496 2181, 0429 906 362			Cricket Club
Eden Gateway Visitors Centre	Commerce & Tourism	02 6496 1953	www.edentourism.com.au	info@edentourism.com.au	Promotes tourism and provides tourist information. Accommodation booking service, bay cruisers, fishing charters.
Eden Junior Cricket Club Inc	Sporting Organisation	02 6496 2181, 0429 906 362			Junior Cricket Club

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Eden Killer Whale Museum	Heritage	02 6496 2094	www.killerwhalemuseum.com.au		Museum with real life displays, educational and historical information about whales and the marine environment in the Eden region.
Eden Local Aboriginal Lands Council	Aboriginal Services	02 6496 1922		edenlalc@bigpond.com	Submits land claims, promotes enterprise for the local Aboriginal community, gives information to local communities about Aboriginal issues. Provides Aboriginal Housing and Aboriginal site recordings.
Eden Marine High School	Education	02 6496 0000	www.edenmarine-h.schools.nsw.edu.au	edenmarine-h.school@det.nsw.edu.au	General Secondary Education with a marine emphasis and vocational education in hospitality and marine education.
Eden Pre-school	Childcare & Pre-Schools	02 6496 1124	www.begavalley.nsw.gov.au	edenccc@begavalley.nsw.gov.au	Preschool, extended hours.
Eden Public School	Education	02 6496 1169	www.eden-p.schools.nsw.edu.au	eden-p.school@det.nsw.edu.au	Primary School Education. Aboriginal Education Assistant (AEA).
Eden Service and Social Club Inc - operating as ESSCI	Service Organisations	02 6496 3641		gragray@asitis.net.au	Community Service Club operating in the Eden area.
Eden Soccer Club	Sporting Organisation	0427 667 085		sca89095@bigpond.com.au	Organising, promoting and managing the game of soccer in Eden.
Eden Spinners	Social & Interest Clubs	02 6496 3641			Community craft group specialising in the teaching of spinning and knitting. Involved in group projects and workshops.
Eden Volunteer Marine Rescue	Emergency Services	02 6496 2167	www.marinerescuensw.com.au	eden@marinerescuensw.com.au	Radio monitoring and safety watch for recreational boating and coastal transiting vessels. Regular broadcast of weather forecasts and warnings. Radio licence training for the general public. Safe boating education and advice on boating on Twofold Bay.
Edge FM 93.7 Community Radio	Service Organisations	02 6492 4202	www.edgefm.org.au	info@edgefm.org.au	Community radio station. Open to participation by ALL individuals and groups. Broadcasts free community announcements for not-for-profit organisations.
Epilepsy Action Australia	Health	1300 374 537	www.epilepsy.org.au	epilepsy@epilepsy.org.au	Committed to enhancing the quality of life of people having seizures and to improving community attitudes toward seizure disorders. To achieve this we provide guidance, information, education, research and support services in association with allied medical.
Family & Community Services Bega	Government	02 6499 0500	www.community.nsw.gov.au		Help, protect and care for children and young people and support their families. Provide and monitor care and support for children and young people who can't live with their families. Provide and regulate adoption services.
Family Dispute Resolution Service	Counselling & Support	02 6492 2155	www.relationships.com.au/		Family Dispute Resolution Services (FDRS) provides a range of affordable services in mediation, counselling and post-separation programs to support individuals, couples and children experiencing relationship breakdown.
Family Relationship Centre - Bega Outreach	Counselling & Support	02 4429 1400	www.familyrelationships.gov.au	nowrafrfc@anglicare.org.au	Information, referral and assistance for family relationships and families experiencing separation. The assistance of an Indigenous Service Advisor is also available.

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Far South Coast Birdwatchers Inc	Social & Interest Clubs	02 6495 7390		fscbirds@bigpond.com	Offers regular field outings to observe and learn about birds in the Bega Valley Shire. Six evening functions per year with guest speakers. Regular newsletter. Participation in bird surveys. Suitable for all ages.
Far South Coast Cricket Association Inc	Sporting Organisation	02 6492 0595		john.wr@bigpond.com	Cricket Association
Far South Coast Family Support Service	Counselling & Support	02 6492 3411		fscfss@bigpond.com	Provides a range of family support to families with dependent children, including personal support, budgeting and financial management, advocacy, support with family tasks such as parenting, also discussion groups and workshops.
Far South Coast Landcare Association	Environment & Conservation	02 6491 8204	www.fscla.org.au	David.Newell@cma.nsw.gov.au	The Far South Coast Landcare Association is a volunteer organisation that supports groups and individuals working to improve our land and water resources on the Far South Coast.
Far South Coast Legacy	Aged	02 6495 9991		legacyfsc@hotmail.com	Care for the families of deceased military veterans.
Far South Coast Table Tennis	Sporting Organisation	02 6495 4983		fsctennis@gmail.com	Venue for table tennis
Far South Coast Women's Domestic Violence Advocacy Service	Advocacy	02 6492 1367		wrcbega@bigpond.com	A service for women providing information, referral and support on a broad spectrum of issues, ie. Legal, Health, Education, Housing. There are extensive library and education resources on site and there are regular workshops as well as a bi-monthly newsletters.
First Bega Scout Group	Service Organisations	0448 411 045	www.nsw.scouts.com.au		Scouting aims to build self-reliance, leadership, practical and social skills and team building all in a fun environment. There is a focus on citizenship, bushcraft, campcraft and environmental skills
Fling Physical Theatre Inc	Arts & Culture	0429 909 433	www.flingphysicaltheatre.com.au	admin@flingphysicaltheatre.com.au	Fling is a youth performance company that runs a training program for company members plus community classes and holiday workshops in contemporary dance, gymnastics and physical theatre.
Footprint Theatre Inc	Arts & Culture	02 6495 7160	www.footprint.org.au	info@footprint.org.au	Touring community theatre based around Pambula. Founded in 2009. Street theatre, improvised theatre, performances by and for young people, as well as drama and comedy for adult audiences. Strong emphasis on theatre skills development
Gamblers Anonymous	Counselling & Support	02 9727 5519 (24hr helpline)	www.gamblersanonymous.org.au	garecovery@hotmail.com	Provides information and support for gamblers. Also provides a 24 help line. Gam-Anon for families is 02 9628 5612.
Garran Exercise and Rehabilitation (GEAR)	Health	02 6281 1411		drcassar@choniccarecentre.com.au	Consultant Physician for General Medicine but also Cardiology, Rheumatology, Pain Management and Rehabilitation. Cardiac procedures including echocardiography. Attends clinics at Bombala, Cobargo, Cooma & Merimbula.
Generalist Counselling - Bega Valley Community Health Services	Counselling & Support	1300 131 562			Generalist support for individual adults seeking assistance with issues such as life change, health issues, anxiety, stress, depression & grief. Service cannot be offered to clients already accessing support via other community resources.

Name	Category	Phone	Website	Email	Service Description
Goulburn Hospital Child, Infant & Family Tertiary Service	Health	02 4827 3950			Offers a diagnostic and assessment service with outcomes and recommendation for children with behaviour/learning and autism problems.
Greater Southern Area Health Service - Patient Transport	Transport / Health	02 4822 8931			Greater Southern Area Health Service (GSAHS) is funded by NSW Health to assist people who are transport disadvantaged and needing to access health care.
Health Promotion - Bega Valley Community Health Services	Health	02 6496 1436			Health Promotion Team are part of the district Population Health Team: Southern Local Health District. Team uses a health promotion approach to enable groups & communities to increase control over & improve their health.
Healthy Living for Seniors Bega Valley	Aged / Disability	1800 486 484		infocommunity@unitingcarenswwact.org.au	Day Program for older people, including people with dementia. Monday - Friday.
Home Care Service of NSW - Far South Coast Branch	Aged / Disability	02 6491 7156			Provides staff to carry out a range of services that help customers to maintain their independence and avoid premature institutionalisation. Services include domestic assistance, personal care and in home respite.
Housing NSW	Accommodation	02 6492 7900	www.housing.nsw.gov.au		Provides public housing to low income earners and others unable to meet their own needs.
Illawarra & South Coast Tenants Service	Accommodation	1800 807 225	www.illawarralegalcentre.org.au		Provides free information, advice and advocacy on tenancy matters to public and private tenants and permanent residents of caravan parks.
Illawarra Institute TAFE NSW - Bega Campus	Education	02 6492 9700	www.illawarra.tafensw.edu.au		Offers a range of TAFE courses for the Bega Valley. TAFE NSW Aboriginal Coordinator can provide information about courses specifically designed for Aboriginal and Torres Strait Islanders.
Imlay Crafts Inc	Social & Interest Clubs	02 6495 7072		imlaycrafts@hotmail.com	Pottery workshop and associated activities for members
Imlay House	Aged	02 6495 8600			Nursing Home and Respite Care for the frail aged and other persons requiring respite care. Dementia specific wing with secure area and garden.
Imlay Ladies Probus Inc	Social & Interest Clubs				A social (not service) club for retired and semi-retired professional and business persons, for fellowship, discussions and outings. Contact the president for further details.
Indigenous Service Officer (Centrelink Bega)	Aboriginal Services	02 6491 8974		dianne.jerrard@humanservices.gov.au	Provides information to Indigenous people on Centrelink policy changes and how to receive correct entitlements and maintain them.
Isolated Patient Travel and Accommodation Assistance Scheme (IPTAAS)	Transport / Health	1800 800 511	www.health.nsw.gov.au		Isolated Patients Travel and Accommodation Assistance Scheme (IPTAAS) provides some financial assistance to people who need to travel more than 100km one way to obtain inpatient or outpatient specialist medical treatment and oral surgery.

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Kameruka Cricket Club Inc	Sporting Organisation	02 6493 2802			Cricket Club
Katungul Aboriginal Corporation Community and Medical Services	Aboriginal Services	02 6492 0532			Aboriginal Medical Service. Provides primary health care services for Aboriginal people living on the Far South Coast of NSW from Ulladulla to Victorian border. Services including medical, dental, community health, family health, counselling & Koori Midwives
Legal Aid NSW - Nowra	Law & Justice	02 4422 4351	www.legalaid.nsw.gov.au		Legal Aid NSW has a family law solicitor in Bega who runs advice sessions on Thursdays out of the Family Support office in Bega. Appointments are made through the Nowra office by telephoning 4422 4351.
Life Points Rural Far South Coast Therapy Services	Disability Services	02 4474 5990	www.cerebralpalsy.org.au		Assists young people aged 3-21 years with disabilities (complex and significant needs) in the Bega Valley Shire. 6-18 years in the Eurobodalla Shire and also 0-3 years with Cerebral Palsy.
Lifeline (South Coast - Shoalhaven)	Counselling & Support	13 11 14 (24 hr counselling number)	www.lifelinesouthcoast.org.au	admin@llsc.org.au	24 hour Telephone Counselling Service (for the cost of a local call).
Lioness Club Eden	Service Organisations	02 6496 3605			Service club for women in the Eden region.
Lions Club of Pambula Merimbula	Service Organisations	02 6495 9959		pmlions@gmail.com	Service Club, fundraising for community needs.
Little Mumbulla Playgroup	Playgroups	02 6492 3476		info@mumbullaschool.com.au	Playgroup for preschool children and parents. Monday, Tuesday, Wednesday & Thursday mornings.
Little Yuin Aboriginal Preschool	Childcare & Pre-Schools	02 4473 7396			Aboriginal Preschool services the Wallaga Lake, Bermagui areas
Lumen Christi Catholic College	Education	02 6495 8888	http://lumen.nsw.edu.au/	lccc@lumen.cg.catholic.edu.au	Lumen Christi is a Catholic Secondary College catering for students from year 7 to year 12. The modern facilities and location provides a unique learning centre for students on the Sapphire Coast.
Marine Rescue NSW - Merimbula	Emergency Services	02 6495 3331	www.marinerescuensw.com.au	Base.merimbula@marinerescuensw.com.au	Marine radio base and search and rescue service
Mental Health Consumer Group - Pambula & District	Health	02 6495 8300			A support group that is open to all who have had any history past or present with mental illness or any experience with the mental health service. The purpose of the group is to offer support along with friendship, encouragement and discussion on mental health issues.
Merimbula Lake Combined Probus Club	Social & Interest Clubs	02 6495 1675			A social (not service) club for retired and semi-retired professional and business persons, for fellowship, discussions and outings.
Merimbula Basketball	Sporting Organisation	02 6495 3221	www.merimbulabasketball.com	ajpattie@splashinternet.org	Basketball games for ages 5-100 both female and male. Friday Nights - high school children 5.00pm-7.00pm, seniors 7.30pm-9.30pm. Saturday - primary school children 9.30am-1.00pm.

Name	Category	Phone	Website	Email	Service Description
Merimbula Cancer Support Group	Counselling & Support	0409 572 421		rjandmc@gmail.com	Supporting patients, partners, families and friends by promoting physical and emotional well-being through education, meditation and relaxation in order to provide active support with the aim of improving quality and quantity of life.
Merimbula Diggers Australian Rules Football Club	Sporting Organisation	02 6495 9335		crossley@asitis.net.au	Promoting, managing and administration of Australian Rules Football in Merimbula
Merimbula Evening VIEW Club	Social & Interest Clubs	02 6495 7770		suegarry2@bigpond.com	Dinner meeting the 1st Tuesday of month at Club Sapphire Main Street Merimbula. We proudly support the Smith Family Learning for Life Education Programme
Merimbula-Imlay Indoor Carpet Bowls Club	Sporting Organisation	02 6495 1306	www.clubsapphire.com.au		Indoor carpet bowls Tuesday evenings 6.30pm to 9.30pm. Beginners Welcome.
Merimbula Knights Cricket Club Inc	Sporting Organisation	0419 123 840			Cricket Club
Merimbula Men's Shed	Social & Interest Clubs	0423 079 109	www.merimbulamensshed.org	padams321846@gmail.com	Merimbula Men's Shed provides a welcoming home away from home for men in the local community to gather regularly and share their skills, knowledge and experience which keeps them being active and
Merimbula Public School	Education	02 6495 1266			Education - Primary Age Children.
Merimbula Rock 'n' Rodders Club Inc	Social & Interest Clubs	02 6495 2517	www.facebook.com/merimbularocknroll	lewis@shadoogie.com.au	50's Rock 'n' Roll and Hotrod Club
Merimbula-Tura Kindergarten	Childcare & Pre-Schools	02 6495 3304			Long day care centre catering for children aged 0-6. Educational pre-school programme. Government subsidy available through Centrelink.
Merrimans Local Aboriginal Land Council	Aboriginal Services	02 4473 7288		admin@merrimanslalc.org.au	Promotes enterprise for the local Aboriginal community and gives information to local communities about Aboriginal issues. Provides Aboriginal housing and Aboriginal site recordings. Cultural land management.
Mission Australia - Bega & Eden	Charity Organisations	02 6492 0812	www.missionaustralia.com.au	bega@missionaustralia.com.au	In addition to providing Job Network services, Mission Australia offers an extensive range of complimentary employment programs for jobseekers, community and employers.
Mobility Matters Pty Ltd	Disability Services	02 6492 3888	www.mobilitymatters.com.au	bega@mobilitymatters.com.au	Hire and sale of rehabilitation and mobility, lifestyle equipment. Includes wheelchairs, crutches, electric scooters and lift chairs, daily living aids, hospital beds, mattresses and pressure care mattresses. Delivery available
Montreal Goldfields Management Committee	Service Organisations	02 6493 4645	www.montrealgoldfield.org.au		Montreal Goldfields Management Committee
Moruya Youth Refuge	Accommodation	02 4475 6011		myr@campbellpage.org.au	Provides short term crisis accommodation - up to 3 months - for homeless young people (15-17 years).

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Mumbulla Foundation	Charity Organisations	02 6492 2466, 02 6493 3961	www.mumbulla.org.au	admin@mumbulla.org.au	A community foundation established to support community development. Committed to the development of progressive philanthropy in the Bega Valley Region. The Foundation's objectives are to: Provide one-off grants for public charitable purposes.
Mumbulla School for Rudolf Steiner Education	Education	02 6492 3476	www.mumbullaschool.com.au	info@mumbullaschool.com.au	Offers a caring and personal approach to the teaching of each child and a rich and varied curriculum. Non-denominational and open to all children. Classes from Kindergarten-Year 6.
Nardy House	Disability Services	02 6493 8228	www.nardyhouse.org.au	info@nardyhouse.com.au	Permanent accommodation & respite for people with profound disabilities plus 24 hour/7 day a week planned and crisis specialised respite catering for people with very high physical support needs.
Narooma Community Health Centre	Health	02 4475 7200			Providing a range of community health services including: community nursing, early childhood clinics and immunization, diabetes educator, dietician, physiotherapy, sexual health and women's health, social work, mental health counselling and occupational therapy.
National Parks and Wildlife Service (Far South Coast Region Office)	Environment & Conservation	02 6495 5000	www.environment.nsw.gov.au	fscr@environment.nsw.gov.au	All enquiries about national parks and wildlife licensing for Far South Coast region. Aboriginal sites officer located in Merimbula. Visitor Information Centre.
National Tenant Support Network	Accommodation	02 6492 0355		TSN@thenexus.org.au	Referral and advocacy for tenants of public, community, Aboriginal and cooperative housing. Also information clearing house and national media clipping service - clipping service topic: social housing and Indigenous issues.
Native Animal Network Association (NANA) - Far South Coast Branch	Animals	0417 238 921	www.wildlife-rescue.org.au		Rescue and care of injured or orphaned native animals.
Nomads Choir	Social & Interest Clubs	02 6495 0077		rjbruce2@bigpond.net.au	Locally based community choir. Rehearsals are held in Pambula Masonic Hall each Wed 7.15pm.
NSW Rural Assistance Authority	Emergency Services	1800 678 593	www.raa.nsw.gov.au		Provides assistance programs which encourage self-reliance, facilitate appropriate change and mitigate extreme events while being aware of the welfare of the people in the targeted business. Assistance measures include Natural Disaster Relief Assist.
NSW South Coast And Snowy Region Anglicare Regional Alliance	Charity Organisations	02 6496 4499			Emergency Relief (Mon, Tue & Fri): Help with food, power and telephone bills, travel, overnight accommodation, clothing and household items. Financial Counselling: (Wed, Thu & Fri): For individuals and families experiencing financial problems.

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NSW Spectacles Program - Vision Australia	Health	1300 847 466	www.visionaustralia.org/spectacles	spectacles@visionaustralia.org	The NSW Spectacles Program funds subsidised glasses to pensioners and low income earners who meet the Program's eligibility criteria. We partner with local optometrists to ensure vulnerable NSW residents have access to vision correction.
Nullica Lodge Anglicare	Aged	02 6496 3557		lynden.ferris@anglicare.com.au	Residential aged care hostel offering 27 low care permanent units.
Occupational Therapy - Bega Valley Community Health Services	Health	1300 131 562			A service to adults, children & groups to achieve independence in and ability to manage daily living skills at home, at school and in the community.
Old Bega Hospital Reserve Trust	Heritage	02 6492 4936		jonesamrpe@bigpond.com	The old Bega Hospital has renovated outbuildings including a free standing cottage available on all days, at all times for meetings and workshops on a regular or occasional basis. The grounds can also be used for displays and gatherings.
Old School Museum Merimbula	Heritage	02 6495 4844		hsbazley8@bigpond.com	Specialising in history of Pambula/Merimbula area.
Pambula Area Planning and Progress Association (PAPPA)	Commerce & Tourism	02 6495 7168		robert.mccombie@bigpond.com	Pappa's objectives are to promote the preservation and maintenance of the historic village identity of Pambula; monitor the planning and development of Pambula town and surrounding area; promote Pambula, including the interests of the town's trading section.
Pambula Community Health Centre	Health	02 6495 8350			Provides a wide range of services which aim to improve the health & wellbeing of clients & their families that include Aboriginal health; Aged Care Assessment; Audiology; Breast Care Nurse; Cardiac Rehabilitation; Child & Family and Community Nursing.
Pambula District Hospital - Bega Valley Health Service	Health	02 6495 8200			Hospital providing Accident & Emergency, Medical & Surgical and Diagnostic Services for the whole community.
Pambula Merimbula Hospital Auxiliary	Charity Organisations	02 6495 0786			The auxiliary works to raise funds to provide equipment and/or services which will enhance the patient/s stay in hospital, the working conditions of the staff and the hospital environment.
Pambula Physiotherapy and Therapeutic Exercise	Health	02 6494 4646		team@pambulaphysio.com.au	Our caring and highly-qualified team provides physiotherapy, rehabilitation & therapeutic exercise services to local people of all ages who have experienced injuries, chronic muscle, bone or joint conditions, or impairments of their mobility
Pambula Preschool	Childcare & Pre-Schools	02 6495 6502		pambulapreschool@bigpond.com.au	Preschool
Pambula Public School	Education	02 6495 6006	www.pambula-p.schools.nsw.edu.au	pambula-p.school@det.nsw.edu.au	Public Primary School. Kindergarten to Year 6. Public education of primary age children.
Pambula Rotary Markets	Markets	02 6495 6708	www.rotaryd9710.org.au/~pambula	bakestermann@gmail.com	Markets held on the 2nd Sunday of each month. Funds raised used on community projects.

Name	Category	Phone	Website	Email	Service Description
Pambula Surf Life Saving Club	Service Organisations	02 6495 6224 (during patrol times only)	www.pambulasurf.org.au	pambulasurf@pambulasurf.org.au	Community surf rescue, education and sporting club
Pambula Town Hall - Robin Hood Service Club Markets	Markets	02 6495 3466		freemason1@bigpond.com	Markets held on the 2nd Sunday of each month - 8.00am - 12.30pm
Pambula Wetlands and Heritage Project Inc.	Heritage	02 6494 3191	www.panboola.com	kscarr55@bigpond.com.au	Panboola is being rehabilitated with community assistance as a wetland for the purposes of nature conservation, protection and restoration of habitat for birds and other indigenous flora and fauna, and for community education and passive enjoyment.
Panorama RSL Day Club	Social & Interest Clubs	02 6495 6602			The Club services the Pambula, Pambula Beach, Merimbula and Tura areas and is sponsored by Merimbula RSL Sub Branch and operates under the format of Veterans Affairs Social Clubs catering to all aged citizens in the community.
PFLAG- Parents & Friends of Lesbians & Gays	Service Organisations	02 9294 1002	www.pflagaustralia.org.au	info@pflagaustralia.org.au	Support for parents , family and friends of gay, lesbian and transgender people.
PlayAbility Inc.	Disability Services	02 6496 1918		admin@playability.com.au	Early intervention for children (0-6) and their family/carers; Mobile Toy & parenting resource service; Indigenous family support
Priceline Pharmacy Bega	Service Organisations	02 6492 1141		pharmacy.plbega@lrmg.com.au	Hire and sale of medical and rehabilitation equipment.
Probus Club of Merimbula Inc	Social & Interest Clubs	02 6495 4789		wilmaandjohnbillings@westnet.com.au	A social (not service) club for retired and semi-retired professional and business persons, for fellowship, discussions and outings. For further information please contact the president.
Quaama Progress Association	Commerce & Tourism	02 6493 8275			Management, hire and maintenance of hall and local community development.
Quaama Public School	Education	02 6493 8213	www.quaama-p.schools.nsw.edu.au	guaama-p.school@det.nsw.edu.au	Quality curriculum based Kindergarten to Year 6 education.
Recovery and Resource Service Program	Health	02 6492 5952	www.richmondpra.org.au	david.jones@richmondpra.org.au	We provide psycho-social rehabilitation for people with a mental illness. Specifically, we assist people with a mental illness for whom support and access to services will facilitate the movement to socially inclusive living and studying.
Respite Care Bega Valley Inc	Disability Services	02 6495 3797		respitbegavalley@netspace.net.au	Respite care & also low rental holiday house available for families with child with a disability outside school holidays or in school holidays, paid care for children in small groups.
Richmond PRA - HASI Housing and Support Initiative	Counselling & Support	1300 779 270	www.richmondpra.org.au	Graeme.Sorrell@richmondpra.org.au	Provide support to people with a diagnosed mental illness living in public or community housing. Supports such as budgeting, cooking, cleaning, shopping, personal health and hygiene, socialising, doing business with government departments and agencies.

Name	Category	Phone	Website	Email	Service Description
Riverside Nursery	Disability Services	02 6492 4151	www.tulgeen.com.au	riverside.nursery@tulgeen.com.au	Wholesale and retail nursery. Providing employment opportunities for people with disabilities. Secure Document Shredding Service. Bega Valley Workcrew operates a lawn mowing & garden maintenance service.
Robin Hood Service Club Inc	Social & Interest Clubs	0417 249 235		tonytoussaint@bigpond.com	Meets 1st Tuesday of each month at the Merimbula Bowling Club
Rocky Hall Preschool Association Inc.	Childcare & Pre-Schools	02 6494 2095		rhps1@skymesh.com.au	Non profit community operated, providing an educational programme for pre-school children within the community.
Rotary Club of Merimbula	Service Organisations	02 6495 3878		williamdejong@bigpond.com	Service Club.
Rotary Club of Pambula Inc	Service Organisations	02 6495 7111	www.rotaryd9710.org.au/~pambula	pambula.rotary@gmail.com	Service organization involved in Community Projects such as building park shelters. Also runs Overseas Youth Exchange and other services for youth, international and vocational projects.
RSL Lifecare@Home	Aged Services	02 6495 1421	http://rsllifecare.org.au/in-home-care/	Annette.lewis@rsllifecare.org.au	LifeCare @ Home is designed to provide in home care and support services. Our local staff of carers and nurses understand that people feel the most comfortable and relaxed at home and families know that their loved ones are safe and happy. We provide the services that ensure our clients can fulfil their choice to live at home. Referral is required from the Aged Care Assessment Tribunal (ACAT). Visit My
Rural Fire Service - Bega Valley	Emergency Services	02 6494 7400	www.rfs.nsw.gov.au		Co-ordination of rural community fire services in Bega Valley Shire. Advice on building in bush fire prone areas. Fire danger and fire permit information. Issue bush fire hazard reduction certificates and handle hazard complaints throughout the district.
Salvation Army	Charity Organisations	02 6492 3332			Distribution of Government Emergency Funds, Welfare services, Pre-Weddings, Funerals. Red Sheild Family Stores located in Carp St Bega and Alice St Merimbula.
Sapphire Coast AFL	Sporting Organisation	0458 030 090		scafladmin@netspace.net.au	Promoting, managing and administration of Australian Rules Football in the Bega Valley Shire.
Sapphire Coast Anglican College	Education	02 6494 7777	www.scac.nsw.edu.au	admin@scac.nsw.edu.au	A member of the Canberra-Goulburn Anglican Diocesan schools council. Pre-Kinder class 2012 for children aged 4. Primary School for years K-6. Secondary School for years 7-10. Senior School for years 11-12.
Sapphire Coast Bridge Club Inc	Social & Interest Clubs	02 6495 9041	www.sapphirecoastbridgeclub.com	ian@avionwbt.co.uk	Bridge Club
Sapphire Coast Historic Vehicle Club	Social & Interest Clubs			the.stoves@bigpond.com	Workshop, Motor Museum, Function/Meeting Rooms. Welcomes membership from anyone interested in historic vehicles.
Sapphire Coast Home Services	Aged	02 6492 7777	www.begadnh.com.au	admin@begadnh.com.au	"In Home" Aged Care Services

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Sapphire Coast Kennel and Obedience Club Inc	Animals	02 6495 6244		wendy@rottweiler.com.au	As an affiliate of the RNSWCC, we promote responsible dog ownership in the community. We offer dog obedience training on a weekly basis. We also conduct annual Obedience Trials and Championship shows in February each year. Classes are conducted at Wolumla.
Sapphire Coast Music Society Inc	Arts & Culture	02 6495 9708		patmreilly7@gmail.com	Provides an avenue for members and the general community to enjoy and participate in the performance of music and its associated social activities. Also produces and arranges concerts, shows and other musically-based programs, by professional and amateur artists.
Sapphire Coast Producers Association Inc.	Service Organisations	02 6492 7306	www.scpa.org.au	info@scpa.org.au	The Sapphire Coast producers Association (SCPA) is a community organisation (est. 1993) whose primary goal is "striving for sustainability". We provide education and marketing opportunities (e.g. sales, promotion, networking) for our members.
Sapphire Coast Tenancy Scheme	Accommodation	02 6492 2587		begacts@acr.net.au	Provision of safe, secure and affordable housing for low income earners. NSW Community Housing provider.
Sapphire Coast Tourism Ltd	Commerce & Tourism	02 6495 4665	www.sapphirecoast.com.au	info@sapphirecoast.com.au	Sapphire Coast Tourism is the official tourism organisation for the Bega Valley Shire. Our mission is to identify and promote the region's compelling visitor experiences to maximise the social, cultural, environmental and economic wellbeing of the community.
Sapphire Coast Tourism/Merimbula Visitor Information Centre	Commerce & Tourism	02 6495 1129	www.sapphirecoast.com.au	merimbula@sapphirecoast.com.au	Promotes tourism and provides tourist information
Sapphire Coast Water Polo	Sporting Organisation	02 6495 3537		woolamai@asitis.net.au	Water polo training and games at Bega (Thursday at 6.00pm) and Eden (Wednesday at 6.0pm) pools in the Summer months (Nov-Apr).
Sapphire Squares Square Dance Club	Social & Interest Clubs	02 6495 2734		pittgp@netspeed.com.au	Teaches and promotes squaredancing in the region. Meets Wednesday evenings weekly at the Uniting Church Hall, Henwood St, Merimbula, at 7.30 pm – cost \$4 includes tea/coffee & biscuits. Square dancing is good gentle, physical and mental exercise.
Sapphire Strollers (W.F.P.)	Social & Interest Clubs	02 6495 9662; 02 6495 3566		bevjohn@dragnet.com.au	Group that arranges interesting walks for exercise and good health. Contact your own Medical Practitioner if your health situation limits strenuous exercises. Any health difficulties must be brought to the attention of the walk leader of the day.
Senior Citizens Club Bega	Social & Interest Clubs	02 6492 4075		marylizmac@bigpond.com	Club members meet weekly. Activities and outings for Senior Citizens. If necessary, give support and help to Senior Citizens in need. Monthly Meeting - 2nd Friday of the Month at 10.15 am the boardroom at Club Bega.

Bega Valley Shire Council

Community Information Directory

Name	Category	Phone	Website	Email	Service Description
Seniors Meeting Centre "Blue Seaviews" - Bega Valley Community Health Services	Aged / Disability	02 6496 1436			Service aimed at meeting health care & social needs of aged and disabled people in Eden area.
Sexual Assault Services - Bega Valley Community Health Services	Health	1300 131 562			Crisis and follow up counselling for adults, adolescents, children and their families. Also court preparation and support for witnesses of sexual assault.
Shoalcoast Community Legal Centre	Law & Justice	02 4422 9529	www.shoalcoast.org.au	info@shoalcoast.org.au	Freecall number (for far South Coast) 1800 229529 - Telephone advice sessions Tuesdays 10am-12noon. Provides free legal, casework & legal education to residents of the Shoalhaven & South Coast, including a women's issues solicitor with a focus on domestic violence.
Shorebreakers Kindergarten	Childcare & Pre-Schools	02 6495 7700	www.shorebreakers.com.au	k_hughes@internode.on.net	Long Day Care Centre licensed for up to 60 children from 6 weeks to 6 years of age. The centre has four separate rooms: 6 weeks to 2 years, 2 years to 3 years, 3 years to 4 years and 4 years to 6 years with a comprehensive pre-school program.
South Coast Careers College & Adult Ed Community College	Education	02 6492 6273 0499 450 331	www.southcoastcolleges.edu.au	admin@southcoastcolleges.edu.au	Not for Profit Community College RTO. Courses for Community Services, WHS & Industry, First Aid, Business, Hospitality, Computers and Lifestyle Courses.
South East Advocacy	Advocacy	02 6491 7150	www.mdaa.org.au	sea@mdaa.org.au	South East Advocacy (SEA) aims to promote, protect and secure the rights and interests of people from diverse backgrounds with disability, their family and carers. We support people to speak up for their rights when they have problems.
South East Arts (NSW) Inc	Arts & Culture	02 6499 2286	www.southeastarts.org.au	seainfo@southeastarts.org.au	SEA is a regional organisation with a cultural development role across all art forms. Established as a non profit organisation by the five Shires of the South East, SEA provides advice and information on arts and cultural activities in the region.
South East Conservation & Restoration	Environment & Conservation		www.southeastconservation.com.au	info@southeastconservation.com.au	We carry out conservation of cultural materials including: decorative arts, technology objects, maritime artefacts, furniture, relics, ethnographic, natural and social history items, sculptures, monuments and architectural material.
South East Livestock Health and Pest Authority	Service Organisations	02 6492 1283		admin.southeast@lhpa.org.au	Subsidies for transport of fodder, water and stock, drought assistance. Livestock health advice.
South East Regional Hospital	Health	02 6491 9999	www.serh.org.au		Hospital providing Accident & Emergency, Maternity, Renal, Medical, Surgical, Paediatrics, Orthopedic Services and Diagnostic Services including Pathology, X-ray and Microbiological Services for the entire community.
South East Women and Children's Service	Accommodation / Service Organisation	02 6492 2223	www.stayinghomeleavingviolence.org.au	mediumterm@southernphone.com.au	Women's Housing - Supported accommodation for women and their children, including women who are homeless or at risk due to domestic violence. This service targets both Aboriginal and non-Aboriginal women. Staying Home Leaving Violence Project

Name	Category	Phone	Website	Email	Service Description
Southern Area Brain Injury Service	Health	02 4823 7911		jeremy.gilchrist@gsahs.health.nsw.gov.au	The Brain Injury Service is able to assist with difficulties caused by brain injury and find positive ways to deal with any changes. We provide assistance to adults of working age with a brain injury, and their families.
Southern Continence Advisory Service	Health	02 4474 1561			Operate clinic or will do home visits if difficult due to mobility or access.
Southern Region BEC	Service Organisations	02 6297 3121		assist@srbec.com.au	Providing confidential Government subsidised support service and advice for small business owners of the Southern Inland NSW and Far South Coast.
Spectrum Theatre Group Inc	Arts & Culture	0422 931 008	www.spectrumtheatregroup.com.au		Merimbula's own community theatre, Spectrum have staged an average of 2 productions a year since 1974. Ranging from drama to musicals to comedy, Spectrum has been nominated for and won several Canberra Area Theatre (CAT) Awards.
Speech Pathology - Bega Valley Community Health Services	Health	1300 131 562			A service for children between 0-8 years with communication, speech, language, literacy, fluency, feeding and swallowing difficulties. Also adults who experience acquired communication and swallowing difficulties.
St John Ambulance Australia - Bega Valley Division	Emergency Services	0427 921 699	www.stjohnnsw.com.au	bega@one.stjohnnsw.com.au	First Aid providers for Community Events & First Aid training.
St Patrick's Primary School Bega	Education	02 6492 5500	www.stpatsbega.nsw.edu.au	office@stpatsbega.nsw.edu.au	Catholic Primary School. Aboriginal Education Assistant(AEA).
St Vincent De Paul Society - Bega	Charity Organisations	02 6234 7485	www.vinnies.org.au		Church based welfare service assisting low-income earners. Services include low priced clothing and furniture. By appointment assistance can be provided with clothing, furniture and grocery items. Budget counselling, assisting financially where possible.
St Vincent De Paul Society - Merimbula	Charity Organisations	02 6494 7360		merimbula@stvincentres.com.au	Low priced clothing, footwear, kitchen items, bric a brac, books, magazines, manchester, toys and furniture for sale. New bibles, cards and other religious items for sale. Assistance to those in need - food, clothing, help with electricity bills, etc
Staying Home Leaving Violence Project	Service Organisations	02 6492 6239	www.stayinghomeleavingviolence.org.au	carolinel@bwr.org.au	To provide outreach support and advocacy to women who wish to stay in their own homes following domestic violence. Includes thorough assessment of safety and support needs combined with appropriate and coordinated referral for both women and their children.
Stitches & Prints	Social & Interest Clubs	02 6492 3931	www.tulgeendisabilityservices.com.au	stitches.prints@bigpond.com	A manufacturing and screen printing business producing canvas and calico products with processes including cutting, sewing, printing, finishing and packing.
Sunshine Centre - Dementia Respite Day Care	Aged	02 6495 8350			Provides Day Care service to Dementia clients & respite for their carers and carer education.
Tanja Public School	Education	02 6494 0122	www.tanja-p.schools.nsw.edu.au	tanja-p.schools@det.nsw.edu.au	Education for primary school aged children

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Tarraganda Quilters	Social & Interest Clubs	02 6492 5882			Meeting of like minded people interested in patchwork and quilting. Caters for all skill levels with workshops and activities.
Tathra Australian Football Club	Sporting Organisation	0434 894 592	www.sportingpulse.com.au	froglittle@bigpond.com	Promoting, managing and administration of Australian Rules Football in Tathra. Age ranges for players: males 10 years to 45 and up females to 12-15 interest in girls football is growing. Ozkick 6-10 years boys and girls.
Tathra Beach & District Chamber of Commerce	Commerce & Tourism	02 6494 1214	www.tathratourism.com.au	kerry@mckeemeuicoleyal.com.au	Business support
Tathra Preschool	Childcare & Pre-Schools	02 6494 1847		tathra.preschool@internode.net.au	Preschool sessions and occasional care available depending on vacancies.
Tathra Public School	Education	02 6494 1291	www.tathra-p.schools.nsw.edu.au	tathra-p.school@det.nsw.edu.au	Public primary school with P & C Association
Tathra Wharf to Waves Weekend	Sporting Organisation	02 6494 1689	www.tathrawharf2waves.com	info@tathrawharf2waves.com	Tathra Wharf to Waves Weekend. 3rd Weekend in January. An annual event held in Tathra. 1200m Splash for Cash and 600m Age Swims, 30k Bega to Tathra Bike Bash, Fun Run - lots of prizes over weekend to be won.
Taxi Transport Subsidy Scheme	Transport	1800 049 971	www.transport.nsw.gov.au		People with a qualifying severe and permanent disability may be eligible to join the Taxi Transport Subsidy Scheme, administered by NSW Ministry of Transport. Contact the Ministry of Transport for more information.
Telecross Bega Valley	Charity Organisations	02 6492 1886	www.nsw.redcross.org.au	judith@simsfamily.id.au	Assists the aged and medically dependent to maintain their independence and their quality of life. Every morning, a trained volunteer makes a short, friendly telephone call to ensure that they are safe and well.
The Benevolent Society	Aged/Disability Services/ Counselling & Support	1800 236 762	www.benevolent.org.au	customer care@benevolent.org.au	Home support services for older Australians to enable them to remain in their home and live their best life. Support services for people with a disability. Support to build positive family relationships. Child development and behaviour support. Mental health.
Theatre Onset	Arts & Culture	02 6492 6117	www.theatreonset.com.au	mahamati@internode.on.net	Theatre plays and workshops, new plays, directors, performers, producers welcome. Meetings monthly.
Thomas More Christian Montessori School	Education	02 6492 2913			Provides a carefully prepared environment based on the principles and theory of Dr Maria Montessori (1870 - 1952). In this environment children are allowed to develop and grow according to their needs and abilities.
Towamba Community Progress Association Inc	Service Organisations	02 6496 7310			Community representation, enhancing community facilities and amenities.
Towamba Public School	Education	02 6496 7159	www.towamba-p.schools.nsw.edu.au	towamba-p.school@det.nsw.edu.au	Education for primary school age children.

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Training and Education Access Service	Disability Services	02 6499 0841	www.tulgeendisabilityservices.com.au		Provides education and training and a range of independent living skills. Is designed to assist people with disabilities to gain access to and participation in the community.
Transitional & Restorative Aged Care (TRAC) - Bega Valley Community Health Services	Aged	1300 131 562			Program which optimises community care and independence for older people following hospitalisation. Multidisciplinary team provides short term intervention up to 12 weeks to support recovery, optimise function & explore long term options.
Transport for Veterans (DVA)	Aged	13 32 54			Veterans and War Widows with a white or gold Repatriation Health Card issued by DVA may be eligible for assistance with expenses incurred travelling to a health provider for medical treatment. DVA may assist with travel expenses.
Triangle, The	Service Organisations	02 6493 6738	www.thetriangle.org.au	thetriangle2@bigpond.com	Community newspaper
Tulgeen Group - Disability Support Services	Disability Services	02 6499 0800	www.tulgeen.com.au	admin@tulgeen.com.au	Non-profit Community Organisation, providing services to people with disabilities, such as employment, accommodation and in-home support and independent living training services. For further information contact the group.
Tura Beach Combined Probus Inc	Social & Interest Clubs				A social (not service) club, the basic purpose of which is to provide regular opportunities for retirees to keep their minds active, expand their interests and enjoy the fellowship of new friends.
Tura Beach Flora Reserve Committee	Environment & Conservation	02 6495 9231			Management and maintenance of Tura Beach Flora Reserve
Twofold Aboriginal Corporation	Aboriginal Services	02 6495 6343		twofoldab@bigpond.com	An organisation to assist Koori people in the HACC target group, such as the frail elderly and disabled, younger disabled and their carers. Provides Community Education, Meals-On-Wheels, Neighbour Aid, Respite Care and other support services.
U3A Sapphire Coast Inc	Education	02 6495 4345	www.u3asapphire.wikispaces.com	yakcmtap@gmail.com	U3A is a self-help adult learning organisation providing courses and workshops for older learners in a wide range of hobbies and general topics.
Ulysses Club Inc Sapphire Coast Branch	Social & Interest Clubs	02 6493 0367		deolali@skymesh.com.au	The Ulysses Club for older motorcyclists, the largest organisation of its kind in Australia. The club has grown to over 130 branches with over 25,000 members spread throughout Australia, and continues to grow. Branches arrange rides and social functions.
University of Canberra Mobile Health Clinic	Health	1300 784 785	www.canberra.edu.au		Mobile Health Clinic currently providing services in Physiotherapy, Dietetics & Nutrition and Pharmacy. Professional, accessible and affordable allied health service open to all members of the public. No referral necessary. Phone to make an appointment.

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University of Wollongong Bega	Education	02 6494 7035	www.uow.edu.au	cdwyer@uow.edu.au	Regional campus for University of Wollongong. Provides university education in Teaching, Commerce, Arts and Nursing courses, in small supportive groups.
Uniting Centre-based Respite Day Program	Aged / Social & Interest Clubs	1800 864 846	www.uniting.org	ask@uniting.org	A safe and supportive environment for clients over the age of 65 to meet and participate in social interaction, games and activities. Operates in Merimbula on Mondays & Wednesdays. Transport available to and from the centre. Snacks, a light meal and beverages are served throughout the day.
VIEW Clubs of Australia - Area NG03	Social & Interest Clubs	02 6494 9196		diannebill1@bigpond.com	VIEW stands for Voice Interests and Education for Women. It is a vital part of the Smith Family and any money raised is donated to this organisation. The club is mainly designed to help women make friends, enjoy a meal together once a month and be entertained.
Vision Australia	Health	1300 847 466	www.visionaustralia.org		Low vision clinics held periodically at Batemans Bay and Merimbula.
Wallaga Lake - Bermagui Men's Shed	Social & Interest Clubs	02 6493 4360		bermimensshed@gmail.com	The Wallaga Lake - Bermagui Community Men's Shed provides a welcoming home away from home for men in the local community to gather regularly and share their skills, knowledge and experience which keeps them being active and productive.
WIRES Far South East	Animals	02 6495 4150	www.wires.org.au		Wildlife Information, Rescue & Education Service
Wolumla Public School	Education	02 6494 9226	www.wolumla-p.schools.nsw.edu.au	wolumla-p.school@det.nsw.edu.au	Primary School Education.
Women's Resource Centre	Service Organisations	02 6492 1367	www.womensresourcecentre.org	wrcbega@bigpond.com	A service for women providing information, referral and support on a broad spectrum of issues, ie. Legal, Health, Education, Housing. There are extensive library and education resources on site and there are regular workshops as well as a bi-monthly news.
Writers of the far South Coast	Social & Interest Clubs	02 6495 6156	www.writersfsc.org.au		Manuscript and poetry work and discussions to encourage writers, with ongoing workshops for all genres of writing.
Wyndham Public School	Education	02 6494 2128	www.wyndham-p.schools.nsw.edu.au	wyndham-p.school@det.nsw.edu.au	Primary School.
Wyndham Village Markets	Markets	02 6494 2113			Markets held on the 4th Sunday of every month. Funds raised used on community projects.
Zen Dragon Boat Club	Sporting Organisation	02 6494 9747	www.freewebs.com/zen-dragons		Dragon Boat Club. A fun way to exercise and enjoy a social paddle or take it further to competition.